

ROYAL ACADEMY OF DANCE

Information on uploading your video assessment footage

There are 2 main factors which will influence how long it takes to upload your file to Planet eStream - file size and upload speed

File size

You do not need to film in 4K HD high quality for your videos. Doing so will result in large file sizes that may take hours to upload or even fail to upload.

Upload speed

The amount of time it takes to upload a video to Planet eStream is outside of our control. If your upload is slower than expected, it could be due to multiple factors, including:

- Low upload speeds provided by your particular internet plan
- Size of your file – recording at too high a quality will result in very large file sizes
- Time of day/peak hours of usage with your Internet Service Provider
- Increased traffic on your local network
- Settings on your computer – ensure your computer is not set to go to sleep while you are uploading. (e.g. in your 'energy saving' or 'battery' settings)

You can check your upload speed with an online speed test:

- e.g. <https://www.speedtest.net>

You are looking for your upload speed only (download speeds are often much higher)

“Typically, when uploading files to websites your internet won’t usually use the full upload speed capability, so for instance if you have c.40Mbps upload speed and a file of 3gb in size, we would probably expect it to upload within around anywhere from 15-60 minutes. If your upload speed is lower it will take longer” - Planet eStream

Create a test video and upload it to check if your files are uploading ok.
Be patient and give yourself time to upload your videos.

Upload tips from Planet eStream

The bandwidth will be affected by who or what else is using your broadband.

The more devices using the internet – the slower your upload will be:

- Try turning off other devices that might be using the internet at the same time

Your provider may limit the bandwidth at busy times:

- Try uploading at a different time of day

Your browser can affect how your upload:

- PeS recommend Firefox and Chrome as the preferred browsers for uploading

Your connection to the internet can vary depending on which room you are in:

- If you can, use an ethernet cable to connect directly to your router this will increase the speed of your upload and give greater stability

Naming your files for uploading

If you can – rename your files before you upload to Planet eStream.

Use your **Exam Entry ID** - this is the number at the top of your online entry

EXAM ENTRY ID 812345

an **AEC EXAMINATION ENTRY**. This means you are one of the candidates. You want to enter candidates to attend an RAV EXAMINATION ENTRY and complete an **RAV EXAMINATION ENTRY**. Note that once you start this entry you

Add the day and set number, also the part number (if you have split your videos).

e.g. 812345 Day 1 Set 5 Part 2

If you have filmed on more than one day – number the sets starting at 1 for each day.

e.g. 812345 Day 3 Set 1

You can add the grade to the title if you would like

e.g. 812345 Day 2 Set 1 G3 or 812345 Day 4 Set 1 INTF

(but **do not** add names, candidate no's school ID etc)

Check the Members Area for all the most recent forms and information including tips on how to set up in your space for filming, and how to complete your online entry for filmed exams - <https://members.royalacademyofdance.org/Exams/Exam-Updates>