



DANCING INTO THE FUTURE

practices,
insights
& innovations

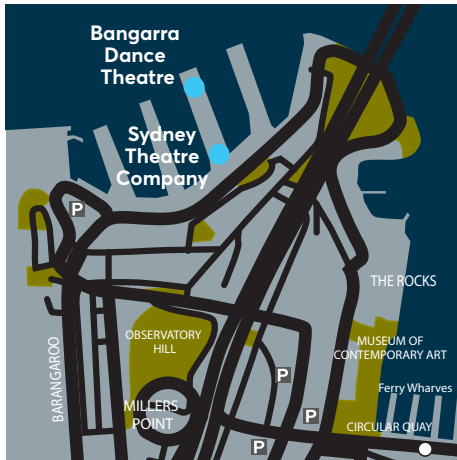
19-21 January

2024



ROYAL
ACADEMY
OF
DANCE

DANCING INTO THE FUTURE



VENUE INFORMATION

Sydney Dance Company

Wharf 4/5,
Walsh Bay Arts Precinct,
15 Hickson Road
Dawes Point, NSW 2000

Bangarra Dance Theatre

Wharf 4/5,
Walsh Bay Arts Precinct,
15 Hickson Road
Dawes Point, NSW 2000

Friday 19 January

OPENING COCKTAIL PARTY

5.30pm - 8pm

Registration from 4.30pm

Sydney Dance Company

Wharf 4/5,
Walsh Bay Arts Precinct,
15 Hickson Road
Dawes Point, NSW 2000

Welcome to Country

Yvonne Weldon

Speakers

Shelley Yacopetti

National Director Australia, Royal Academy of
Dance

Gail McGeachy

DanceSurance

Lisa Pavane

Director, Australian Ballet School

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The Dancing into the Future cocktail party is generously sponsored by DanceSurance, Australia's dance and performing arts insurance experts, supporting the industry since 1970.

TIME	PLACE	EVENT
8.30 – 9.00	SDC Café Foyer	Registration
9.00 – 9.15	SDC Neilson Studio	Welcome Shelley Yacopetti, RAD AUS
9.15 – 9.45	SDC Neilson Studio	Opening Keynote Address: The Ethical, Philosophical and Humanistic Elements of Dance Education. Dr Susan Koff, USA
9.55 – 11.25	SDC Neilson Studio	Beyond Technique: Elevating Dance Education. Panel 1 <ul style="list-style-type: none"> Developing Higher Order Movement Skills in Twenty-First Century Dancers. Genevieve Morris, AUS A Vision for Holistic Dance Education. Jane Andrewartha, AUS Training Dancers for the Future: From Cygnets to Swans. Jane Inglis-Keen, AUS
9.50 – 10.20	SDC Gili Studio	A Rambert Grades Discussion: An Inclusive Framework for Dance. Caroline Bowditch, UK Roundtable
9.55 – 10.55	Bangarra Studio Theatre	Coordination, Rhythm and Repetition in Dance. Helen Linkenbagh, UK Workshop
10.30 – 11.30	Bangarra Studio 2	Early Movement Patterns by Progressing Ballet Technique. Marie Walton-Mahon, AUS Workshop
11.00 – 11.30	SDC Gili Studio	Ballet Class Accessibility Beyond the Studio: Future of an Art Form. Ekaterina Kullengren, UKR Roundtable
11.30 – 12.00		BREAK
12.00 – 1.20	SDC Neilson Studio	Integrating Dancer Wellness Initiatives. Panel 2 <ul style="list-style-type: none"> Pre-Professional Dancer Health Status and Preventative Health Knowledge: Current Insights and Future Recommendations. Dr Sara Grafenauer, AUS; Dr Joanna Nicholas, AUS Practical Strategies for Integrating Dancer Wellness Initiatives into Private Dance Studio Timetables and Curricula. Julia Barry, AUS

TIME	PLACE	EVENT
12.00 – 1.00	Bangarra Studio Theatre	Dance is for Every Body! Jane Andrewartha, AUS Workshop
12.00 – 1.00	Bangarra Studio 2	Early Movement Patterns by Progressing Ballet Technique (repeated) Marie Walton-Mahon, AUS Workshop
1.00 – 2.00 LUNCH		
2.00 – 3.00	SDC Neilson Studio	Dance For Life. Panel 3 <ul style="list-style-type: none"> Dance for Older Adults: Essential Considerations for Optimising Health and Safety. Dr Rachel Ward, AUS The Gold Moves Australia Approach: Enabling Older People to Thrive Through Dance. Gail Hewton, AUS; Julie Chenery, AUS
2.00 – 3.00	Bangarra Studio Theatre	Engage & Release: A Practice for improving Dancers' Biomechanic Understanding. Genevieve Morris, AUS Workshop
2.00 – 3.00	Bangarra Studio 2	Innovative Nutrition Education for Dancers: Empowering their Health, Wellbeing, Performance and Selfcare. Fumi Somehara, AUS Workshop
3.00 – 3.30 BREAK		
3.30 – 4.30	SDC Neilson Studio	The Knee: "Hyper or Not Hyper"- Aesthetics Versus Function. Sally Harrison, AUS Workshop
3.30 – 4.30	Bangarra Studio Theatre	A Brain-Compatible Approach to Ballet: Crafting Creative Lessons for the 21 st Century Dancer. Professor Susannah LeMarquand, USA ; Professor Amanda Gabaldon, USA Workshop
3.30 – 4.30	Bangarra Studio 2	Adapting Dance for Older Bodies for Safe, Engaging and Enjoyable Dance Experiences. Gail Hewton, AUS ; Julie Chenery, AUS Workshop
4.35 – 4.50	SDC Neilson Studio	Closing remarks

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8.30 – 9.00	SDC Café Foyer	Registration
9.00 – 9.15	SDC Neilson Studio	Welcome Shelley Yacopetti, RAD AUS
9.15 – 9.45	SDC Neilson Studio	Sydney Dance Company: The Art of Improvisation: Exploring the Intricate Link between Technique and Performance Quality. Linda Gamblin, AUS & Lexy Panetta, AUS
9.55 – 11.25	SDC Neilson Studio	From Effort to Excellence. Panel 1 <ul style="list-style-type: none"> • "I've Busted My Guts to Improve That Stuff". Janet Karin, AUS • Capturing Billy Elliot's Flow Experience in Education. Dr Emma Killion, AUS • Michael Leslie – Life, Legacy, Future – Building an Aboriginal Dance & Theatre Leader. Dr Carol Marie Webster, USA
9.50 – 10.20	SDC Gili Studio	Dance, Neurodiversity and Inclusive Advocacy: Exploring the Dance Teachers' Role in Creating an Inclusive Dance Space. Eloise Harris, AUS ; Catherine Annable, AUS ; Tristan Sinclair, AUS ; Cassie Magill, AUS Roundtable
9.55 – 10.55	Bangarra Studio Theatre	Out of Breath in TWO: Originate and Perform Movements without Pre-Planning. Ginevra Cicatello, ITA Workshop
10.30 – 11.30	Bangarra Studio 2	Developing a Comprehensive Foundation for Dance Technique and Artistry in the Very Early Years. Alice Hobden, AUS Workshop
11.00 – 11.30	SDC Gili Studio	Enabling Inclusion in Community Dance. Dr Olivia Millard, AUS Roundtable
11.30 – 12.00		BREAK
12.00 – 1.20	SDC Neilson Studio	Nurturing the Adolescent Dancer. Panel 2 <ul style="list-style-type: none"> • Nurturing the Evolving Mind of Adolescent Ballet Dancers: Supporting Mental and Physical Growth. Teagan Lowe, AUS; Lynette Wills, AUS; Gabrielle Davidson, AUS; Narelle Forbes, AUS

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12.00 – 1.00	Bangarra Studio Theatre	Dance for Older Adults: Essential Considerations for Optimising Health and Safety. Dr Rachel Ward, AUS Practical Demonstration
12.00 – 1.00	Bangarra Studio 2	Enabling Inclusion in Community Dance. Dr Olivia Millard, AUS Workshop
1.00 – 2.00 LUNCH		
1.45 – 2.45	SDC Gili Studio	Safeguarding in Australia. Kassie Bromley, AUS Presentation
2.00 – 3.00	SDC Neilson Studio	Seated Dance – The Next Genre. Paige Gordon, AUS Workshop
2.00 – 3.00	Bangarra Studio Theatre	From Pouring In to Drawing Out: A New Educational Model for the Teaching of Dance. Mariah-Jane Thies, CAN Workshop
3.00 – 3.30 BREAK		
3.30 – 4.30	SDC Neilson Studio	Seated Dance – The Next Genre (repeated). Paige Gordon, AUS Workshop
3.30 – 4.30	Bangarra Studio Theatre	Discovering Rambert Grades – A Taster Workshop. Holly Pooley, AUS Workshop
3.30 – 4.30	Bangarra Studio 2	Enhancing Teaching Practice Language – a Practical Exploration of Strategies to Promote a Growth Mindset and Foster Resilience Through Language and Imagery. Julia Barry, AUS Workshop
4.35 – 4.55	SDC Neilson Studio	Closing remarks